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Fluorine in drug discovery: Role, design and case studies

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Abstract

Fluorine has become an indispensable element in modern drug discovery, with its unique electronic and steric properties offering medicinal chemists a powerful tool to fine-tune biological activity. The introduction of fluorine atoms into small molecules can modulate acidity and lipophilicity, alter conformational preferences, and enhance membrane permeability. These subtle effects frequently translate into improved pharmacokinetics, greater target selectivity, and resistance to metabolic degradation. Over the past two decades, fluorine substitution has been increasingly represented in approved drugs across diverse therapeutic areas, including oncology, antiviral therapy, neurology, and cardiovascular disease. Parallel advances in synthetic chemistry, particularly late-stage fluorination and the development of new fluorine-containing motifs, have greatly expanded the possibilities for drug design. Beyond therapeutic agents, fluorine has also enabled the creation of diagnostic tools, most notably through the use of fluorine-18 in positron emission tomography imaging. This review highlights the strategic role of fluorine in drug discovery, discusses representative case studies, and examines emerging trends that are likely to shape the future of fluorine-enabled medicinal chemistry.

Keywords: Fluorine, Lipophilicity, medicinal chemistry, pharmacokinetics, target selectivity, tomography imaging

1. Introduction

Fluorine has become one of the most strategically important elements in modern medicinal chemistry. Despite being the smallest halogen, its extraordinarily high electronegativity ($\chi = 3.98$) and the strength and polarity of the C-F bond allow fluorine substitution to modulate a drug candidate's electronic properties, conformation, lipophilicity, and metabolic fate in ways that are often beneficial to potency, selectivity, and pharmacokinetics^[1,2]. These effects have driven a steady increase in the fraction of fluorinated small-molecule drugs and radiotracers in clinical use, and have inspired intensive recent efforts to develop selective fluorination methods suitable for late-stage modification and radiochemistry^[3-5]. Three interrelated themes explain fluorine's outsized role in drug discovery. First, intramolecular and electronic effects: introduction of a fluorine (or a polyfluorinated motif) changes local electron density and dipole moment, which can influence binding affinity by tuning hydrogen-bonding patterns and electrostatic contacts in the desolvated protein binding site^[6]. Second, physicochemical property modulation: C-F substitution often lowers the basicity of neighbouring heteroatoms, adjusts lipophilicity, and can favour conformations that enhance target engagement or reduce off-target interactions^[7]. Third, metabolic stability and pharmacokinetics: the strong C-F bond and steric/electronic shielding offered by fluorinated groups can reduce oxidative metabolism at vulnerable positions and thereby increase systemic exposure and half-life of drug molecules^[8]. The last decade has seen two parallel accelerations: (i) expanded use of fluorine in successful drug discovery programs, with numerous FDA-approved small molecules containing fluorine appearing each year, and (ii) major advances in synthetic fluorination chemistry, particularly in methods that enable late-stage introduction of fluorine (including nucleophilic and electrophilic strategies, photo redox/radical C-H fluorination, deoxy-/deoxy difluorination, and copper-mediated radio fluorination for PET)^[9-12].

These methodological advances have not only simplified the incorporation of common motifs (Ar-F, CF₃, CF₂, alkyl-F) but also enabled the preparation of ¹⁸F-labelled analogues for imaging, which accelerates translational studies and early PK/target-engagement measurements [13, 14]. Concrete drug discovery case studies illustrate how fluorine decisions are made in practice. Medicinal chemistry campaigns leading to marketed and late-stage agents routinely use fluorine to tune metabolic stability and selectivity (for example, fluorine or CF₃ substitution at positions that were metabolic liability hotspots), and to bias conformation for better potency [15, 16]. Simultaneously, radiochemistry has leveraged fluorine-18 to convert basic discovery outputs into clinically useful PET tracers. The development of copper-mediated radio fluorination and related late-stage ¹⁸F-labeling approaches has been transformative, making it feasible to label complex (hetero) arenes rapidly under mild conditions, a major advantage for preclinical and clinical imaging pipelines [17, 18]. However, the benefits of fluorine

are context-dependent and non-trivial to predict. There are notable limitations and pitfalls: fluorine can increase lipophilicity and potentially worsen clearance via hepatic uptake; fluorinated motifs can lead to unexpected metabolites or environmental persistence; and incorporation of fluorine is not universally beneficial for potency or safety [19, 20]. Therefore, rational design must be guided by structural data, ADME profiling, and increasingly, by late-stage fluorination strategies that allow “try and measure” approaches during lead optimization rather than committing early to a permanently fluorinated scaffold [21]. This review will summarize the physicochemical effects of fluorine substitution with an emphasis on the mechanistic basis for DMPK and binding changes, present contemporary synthetic methods that enable selective and late-stage fluorination, discuss radiochemical methods for ¹⁸F labelling, and analyze selected case studies from recent original discovery papers that illustrate rational uses and misuse of fluorine in drug design.

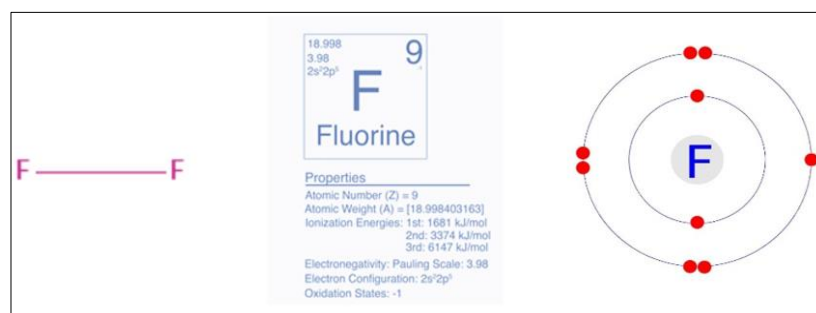


Fig 1: Structural formula and valence diagram of fluorine

2. Physicochemical and DMPK effects of fluorine

The unique influence of fluorine on drug-like molecules derives from a combination of electronic effects, conformational control, and metabolic shielding. Each of these contributes to improved pharmacokinetic (PK) and pharmacodynamic (PD) properties, though the outcomes are highly context dependent.

2.1 Electronic and Inductive Effects

Fluorine is the most electronegative element, and when covalently bound to carbon, it exerts a strong -I inductive effect. Introduction of a single fluorine atom near heteroatoms such as amines or alcohols can significantly decrease their pK_a, thereby altering ionization and solubility. For example, fluorination of heteroaryl amines has been shown to decrease basicity by up to 2-3 units, with downstream effects on oral absorption and CNS penetration [22, 23]. Similarly, substitution of benzylic or aliphatic carbons with fluorine can influence hydrogen-bond donor/acceptor strengths, altering protein-ligand interactions [24].

2.2 Conformational control and stereo-electronics

Beyond purely electronic effects, fluorine frequently enforces conformational bias through stereo-electronic interactions such as the gauche effect and hyperconjugation. The C-F bond can prefer gauche alignment with vicinal C-H bonds, stabilizing otherwise disfavoured conformations. In practice, medicinal chemists exploit this effect to orient substituents for improved binding. For example, a study on β -fluoropiperidines demonstrated that the C-F bond stabilized the bioactive conformation, thereby improving potency in serotonin transporter inhibitors [25]. Another

recent report showed that gem-difluorination induced ring pucker in cyclohexane scaffolds, enhancing binding affinity in kinase inhibitors [26].

2.3 Lipophilicity and Membrane Permeability

Although fluorine is highly electronegative, the C-F bond is poorly polarizable, often increasing hydrophobicity at the molecular level. Monofluorination can subtly alter logP, while incorporation of CF₃ groups generally increases lipophilicity substantially. This can improve passive membrane permeability and oral bioavailability, but in some cases can lead to excessive lipophilicity and reduced aqueous solubility [27]. In a comparative SAR study, replacement of hydrogen with fluorine at para-phenyl positions increased logP by ~0.3-0.5 units, enhancing membrane penetration but also increasing efflux susceptibility [28].

2.4 Metabolic Stability and Drug-Metabolizing Enzymes

Fluorine substitution is frequently employed to block metabolic “soft spots” vulnerable to cytochrome P450 oxidation. Insertion of a fluorine atom at benzylic or allylic positions can prevent hydroxylation, extending half-life *in vivo*. For example, the introduction of a fluorine atom at the benzylic site of a series of JAK inhibitors doubled plasma half-life by preventing oxidative clearance [29]. Similarly, fluorination at metabolically labile aromatic positions reduced hydroxylation in dopamine receptor ligands, improving brain exposure [30]. At the same time, caution is warranted: excessive fluorination may trigger alternative metabolic liabilities such as defluorination, leading to reactive species or undesirable fluoride release [31].

2.5 Pharmacokinetic Consequences

The combined effects of pKa modulation, lipophilicity tuning, and metabolic shielding directly shape ADME properties. Several discovery programs have demonstrated that judicious fluorine placement improves oral bioavailability, brain penetration, and systemic exposure. For instance, in clinical candidates targeting BTK, incorporation of a strategically placed fluorine atom improved microsomal stability and oral exposure in preclinical models [32]. In another study, difluorination of a pyridyl ring in PI3K inhibitors increased oral bioavailability and decreased clearance without compromising potency [33].

3. Synthetic strategies for fluorination

The increasing demand for fluorinated motifs in pharmaceuticals has stimulated intensive research in synthetic methods. Classical approaches such as direct halogen exchange or nucleophilic substitution remain

relevant, but recent innovations now allow selective and efficient late-stage fluorination of complex bioactive molecules. These methods can be broadly categorized into nucleophilic fluorination, electrophilic fluorination, radical/photo redox methods, deoxy fluorination, and radiochemical [^{18}F] labelling strategies.

3.1 Nucleophilic Fluorination

Nucleophilic fluorination relies on the use of fluoride ion sources (KF, CsF, TBAF) or specialized reagents. The development of transition-metal-mediated nucleophilic fluorination has dramatically expanded the scope. For example, Doyle and co-workers reported a palladium-catalyzed fluorination of aryl triflates using KF, achieving high regioselectivity under mild conditions [34]. More recently, nickel-mediated cross-coupling with AgF enabled fluorination of aryl sulfonates, providing valuable access to aryl fluorides relevant to drug discovery [35].

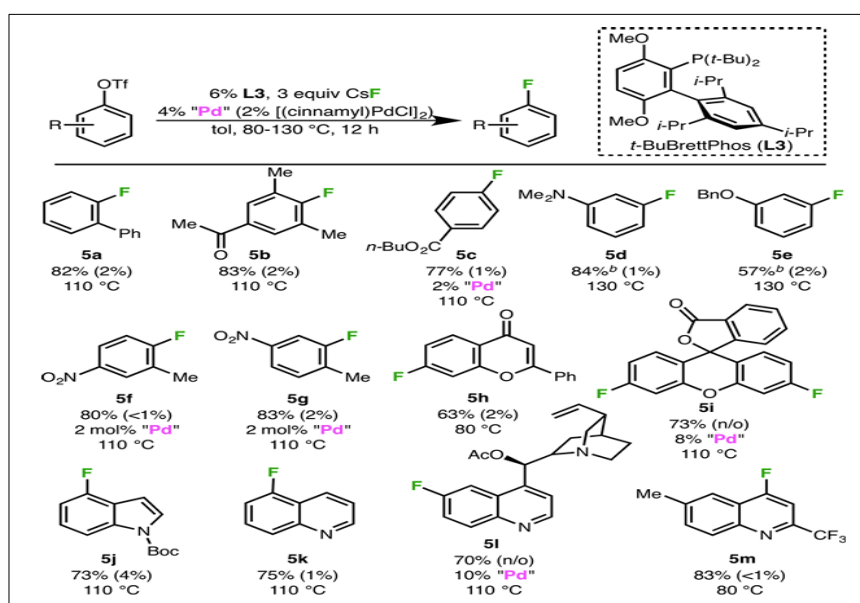


Fig 2: Pd-Catalyzed Fluorination of Aryl Triflates [34].

3.2 Electrophilic Fluorination

Electrophilic fluorine reagents such as Selectfluor® and N-fluorobenzenesulfonimide (NFSI) have long been used for introducing fluorine under relatively mild conditions. A notable advance was reported by Fier's group, who

demonstrated site-selective electrophilic fluorination of electron-rich heteroarenes using tailored directing groups [36]. Such strategies are particularly important for late-stage functionalization of heteroaromatic drug scaffolds.

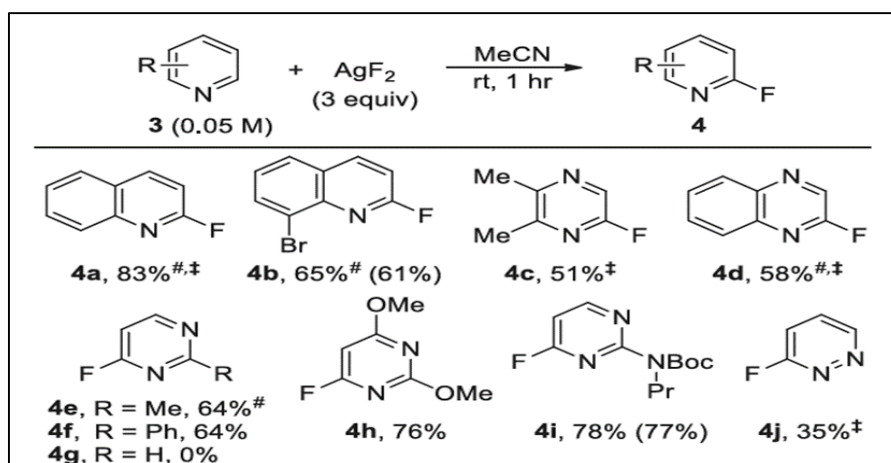


Fig 3: Fluorination of quinolines and diazines with AgF₂ [36]

3.3 Radical and photo redox fluorination

Radical-based methods have enabled previously inaccessible C-H fluorination transformations. Photo redox catalysis, in particular, has provided new ways to introduce fluorine at unactivated C-H sites. Chen and co-workers reported visible-light-mediated fluorination of benzylic and allylic C-H bonds using Selectfluor® in the presence of an iridium photocatalyst^[37]. More recently, Cheng's group developed a general strategy for visible-light-induced C-H

fluorination of heteroarenes via the merger of N-F fluorinating reagents and silane. Electron paramagnetic resonance experiments provide evidence for the homolytic cleavage of the N-F bond under blue light-emitting diode irradiation, which is the key step in the process^[38]. These methods are highly attractive for medicinal chemists because they bypass pre-functionalization and allow exploration of diverse fluorinated analogues.

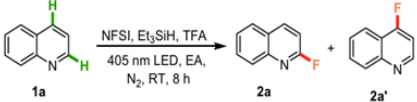
			
Entry	Change of Reaction Conditions	2a (%)	C2:C4
1	None	55	11:1
2	Acetone instead of EA	37	4:1
3	CH ₃ CN instead of EA	34	7:1
4	DCE instead of EA	40	8:1
5	DMF instead of EA	13	—
6	Add 10.0 equiv H ₂ O	48	10:1
7	Without Et ₃ SiH	10	4:1
8	Without TFA	30	4:1
9	Selectfluor instead of NFSI	13	—
10	Without light	n.d.	—
11	80 °C instead of light	n.d.	—
12	Air instead of N ₂	Trace	—
13	Add 2.0 equiv TEMPO	Trace	—

Fig 4: Strategies for site-selective C-H fluorination of heteroarenes^[38]

3.4 Deoxy fluorination and Gem-Difluorination

Conversion of alcohols or carbonyl precursors into C-F bonds has become routine with deoxyfluorination reagents such as DAST, Deoxofluor, and PhenoFluor. Beyond monofluorination, new approaches allow gem-difluorination

at benzylic or aliphatic sites. For example, Feng's group reported a copper-catalyzed gem-difluorination of alkenes via electrophilic fluorine sources, providing direct access to CF₂-substituted scaffolds of pharmaceutical interest^[39].

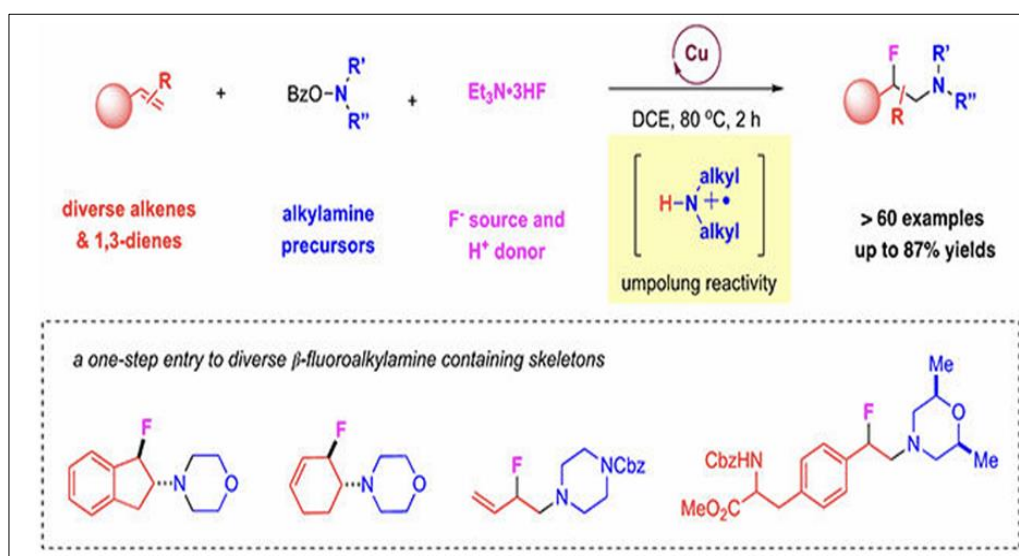


Fig 5: Direct strategy for copper-catalyzed three-component amino-fluorination of alkenes and 1,3-dienes^[39]

3.5 Radio fluorination for PET Imaging

Incorporation of ¹⁸F is critical for developing positron emission tomography (PET) tracers, and copper-mediated late-stage radiofluorination has emerged as a transformative method. Sanford and co-workers demonstrated Cu-mediated ¹⁸F-fluorination of aryl boronic acids and esters, producing ¹⁸F-labeled arenes under mild conditions^[40]. Gouverneur's group extended this strategy to heteroaryl substrates, expanding the toolbox for PET tracer development^[41]. Such

advances tightly couple synthetic fluorination with drug discovery workflows by enabling rapid translation of leads into imaging agents for pharmacokinetic and target validation studies.

3.6 Emerging Directions

Recent advances also include fluorination via enzymatic and biocatalytic methods. For example, Arnold's group engineered cytochrome P450 enzymes capable of

performing selective C-H fluorination, providing a biocatalytic route to fluorinated motifs ^[42]. While still in early stages, such approaches highlight the growing convergence of synthetic chemistry and biotechnology in fluorine incorporation.

4. Case studies in drug discovery

The practical utility of fluorine in medicinal chemistry is best demonstrated through case studies where its incorporation decisively influenced potency, selectivity, or pharmacokinetic properties. Below are selected examples across major therapeutic areas.

4.1 Oncology

Oncology remains the most active therapeutic area for fluorine incorporation. Fluorination strategies are routinely applied to improve metabolic stability and pharmacokinetics in kinase inhibitor programs.

- **Ibrutinib (BTK inhibitor):** The discovery of ibrutinib, a first-in-class covalent BTK inhibitor, relied on the introduction of a 4-fluorophenoxy substituent that enhanced binding and improved pharmacokinetics ^[43]. Structural studies confirmed that the fluorine substitution stabilized interactions within the hydrophobic pocket of BTK, thereby increasing selectivity.
- **Osimertinib (EGFR inhibitor):** In the optimization of Osimertinib, a third-generation EGFR TKI, incorporation of a trifluoromethoxy group (-OCF₃) improved metabolic stability and CNS penetration, both critical for efficacy in NSCLC patients with brain metastases ^[44]. The -OCF₃ motif prevented oxidative metabolism and contributed to sustained systemic exposure.
- **Trifluridine (nucleoside analogue):** Trifluridine, used in colorectal cancer, fluorine substitution at the 5-position of the pyrimidine ring blocks thymidylate phosphorylase-mediated degradation ^[45]. This substitution stabilizes the nucleoside analogue *in vivo*, allowing incorporation into DNA and inhibition of replication.

These examples demonstrate how fluorine can either (i) block metabolic soft spots, (ii) enhance tissue penetration, or (iii) stabilize a reactive pharmacophore.

4.2 Central Nervous System (CNS) Disorders

The balance between lipophilicity, pK_a, and metabolic stability is especially important for CNS-active agents.

- **Fluoxetine (SSRI antidepressant):** Incorporation of a para-trifluoromethyl group into fluoxetine increased lipophilicity and CNS penetration, allowing effective serotonin transporter binding ^[46]. The CF₃ group was also found to improve oral absorption and metabolic resistance.
- **Lasmiditan (5-HT_{1F} receptor agonist for migraine):** A fluorinated pyridinyl substituent was introduced to enhance potency and reduce P450-mediated clearance ^[47]. Fluorine substitution was essential for maintaining oral bioavailability and therapeutic efficacy *in vivo*.

4.3 Anti-Infectives

Fluorination has a long history in anti-infective drug design, particularly in antibiotics and antivirals.

- **Fluoroquinolones (ciprofloxacin, levofloxacin, moxifloxacin):** The introduction of a fluorine atom at the C-6 position of the quinolone scaffold enhanced DNA gyrase binding affinity and broadened antibacterial spectrum ^[48]. The substitution increased cell penetration and improved pharmacokinetics relative to non-fluorinated analogues.
- **Sofosbuvir (anti-HCV agent):** The fluorination of the ribose moiety in sofosbuvir improved stability against enzymatic degradation and enhanced oral bioavailability ^[49]. Fluorine substitution also contributed to favourable conformational bias, aiding in selective incorporation by viral polymerase.

4.4 Metabolic and Cardiovascular Diseases

- **Ezetimibe (cholesterol absorption inhibitor):** The β -lactam scaffold of ezetimibe incorporates a para-fluorophenyl group that enhances lipophilicity and target binding at the Niemann-Pick C1-Like 1 (NPC1L1) transporter ^[50]. The fluorinated substituent improved intestinal absorption and metabolic stability.
- **Empagliflozin (SGLT2 inhibitor for diabetes):** In empagliflozin, fluorine substitution on the aryl ring improved metabolic stability by preventing oxidative hydroxylation ^[51]. The incorporation was crucial for achieving once-daily oral dosing.

4.5 PET Imaging and Translational Tools

Radiolabelled fluorine (¹⁸F) is uniquely valuable for translational pharmacology.

- **¹⁸[F] FDG (fluorodeoxyglucose):** remains the most widely used PET tracer, but newer examples illustrate drug-discovery relevance. Copper-mediated ¹⁸F-fluorination enabled late-stage labelling of PI3K inhibitors and PARP inhibitors for real-time imaging of tumor pharmacokinetics ^[52, 53]. These radiotracers allow direct measurement of drug distribution and target engagement *in-vivo*, linking chemistry with clinical pharmacology.

4.6 Strategic Insights from Case Studies

Across oncology, CNS, infectious disease, metabolic disorders, and imaging, fluorine substitution has consistently proven a versatile tool to:

- Stabilize molecules against metabolic degradation,
- Enhance tissue penetration (especially CNS),
- Improve binding affinity or selectivity,
- Enable clinical translation through PET labelling.

At the same time, outcomes remain highly scaffold-specific, and excessive fluorination can introduce liabilities such as poor solubility, efflux susceptibility, or environmental persistence. These case studies highlight the rational and context-dependent application of fluorine in drug discovery.

5. Conclusion

Fluorine has become a cornerstone of modern drug discovery owing to its unique capacity to influence molecular properties through electronic, stereo electronic, and metabolic effects. Strategic incorporation of fluorine enables medicinal chemists to fine-tune potency, selectivity, and pharmacokinetics while addressing challenges such as metabolic soft spots and poor tissue penetration. The last decade has witnessed not only a dramatic rise in fluorinated

clinical candidates and approved drugs but also major methodological advances, particularly in late-stage fluorination and radio fluorination, which now allow rapid exploration of fluorine's impact during lead optimization. Case studies across oncology, CNS disorders, infectious diseases, and metabolic conditions underscore the versatility of fluorine in shaping drug profiles and, in some cases, enabling entirely new therapeutic opportunities. At the same time, fluorination is not universally beneficial; scaffold-specific liabilities such as increased lipophilicity, efflux susceptibility, or potential environmental persistence require careful evaluation. Overall, fluorine remains an indispensable but context-sensitive design element, whose successful use relies on a balance of chemical intuition, experimental validation, and innovative synthetic methodology.

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7. Disclosure of conflict of interest

The authors declare no conflict of interest.

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